

DIGITAL CITIZENSHIP | 8-10 YEARS OLD

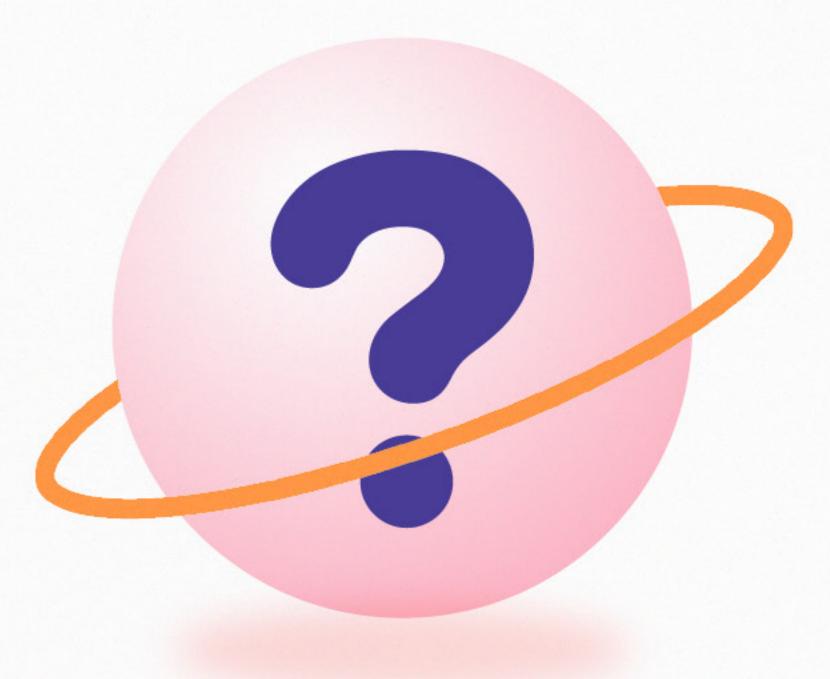
What To Do When Someone Uses Bullying Language Online





WhatIs Cyberbullying?

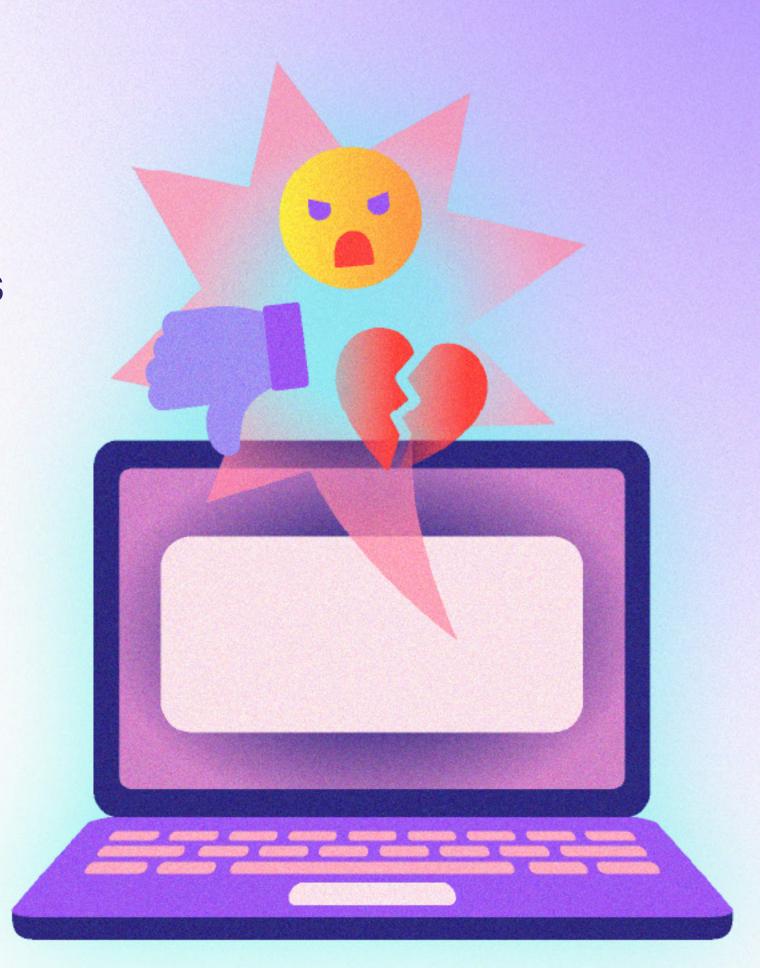
- WHAT is bullying?
- WHAT is cyberbullying?
- WHAT are examples of cyberbullying?



Spot Cyberbullying

Cyberbullying can take a lot of different forms, including:

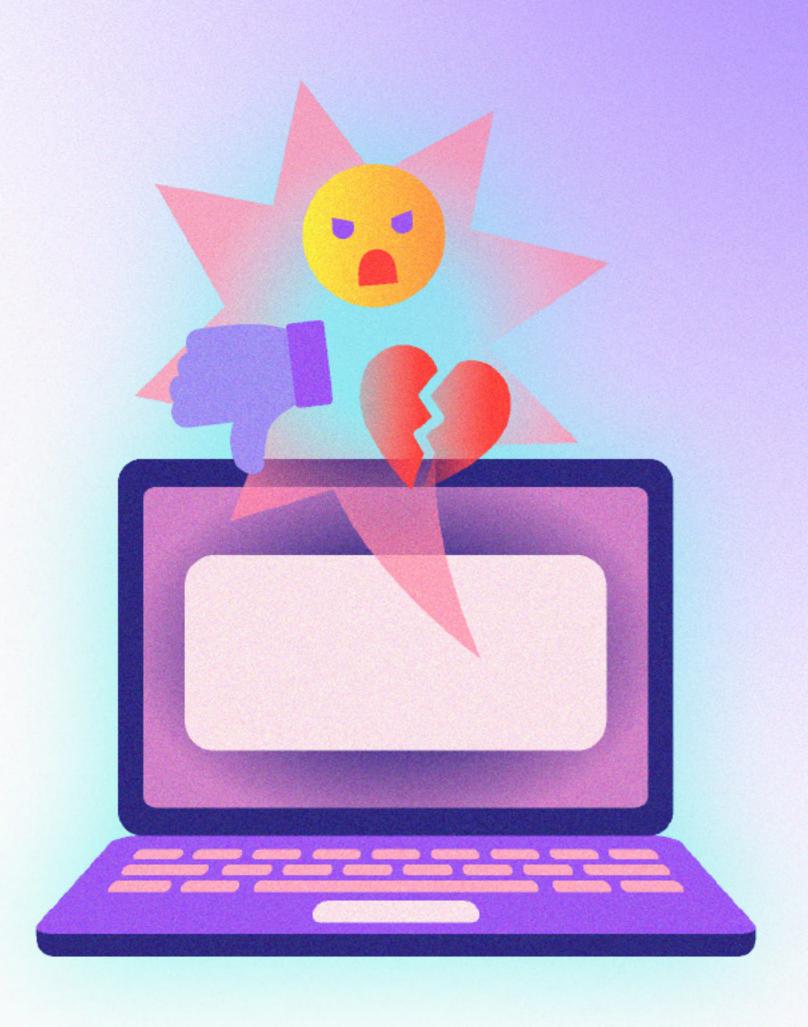
- Posting mean, hurtful, or embarrassing comments or rumors about someone online.
- Threatening to hurt someone or telling them to harm themselves.
- Posting mean or hurtful pictures or videos.
- Posting personal or false information about someone online.
- Posting mean or hurtful content about any race, gender, religion, or ethnicity.



Cyberbullying Is a Lose-Lose Situation

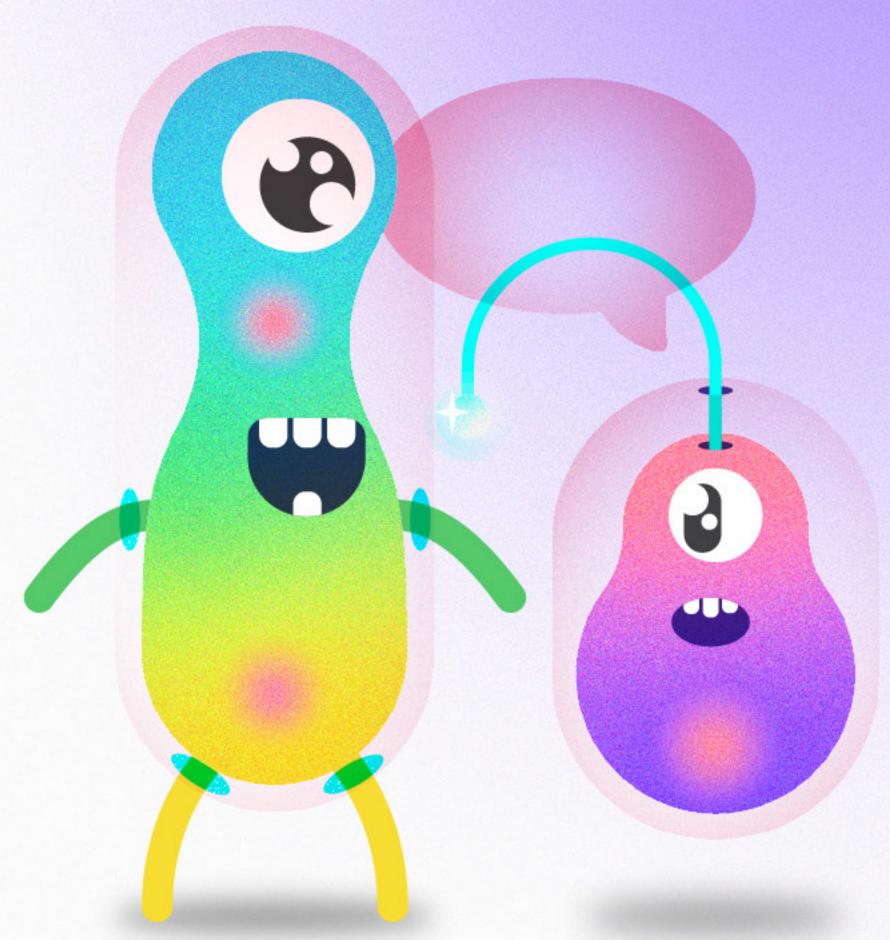
It makes the person being bullied feel bad. And it makes the bully look bad.

Research shows that bullying usually stops pretty quickly when someone speaks up.



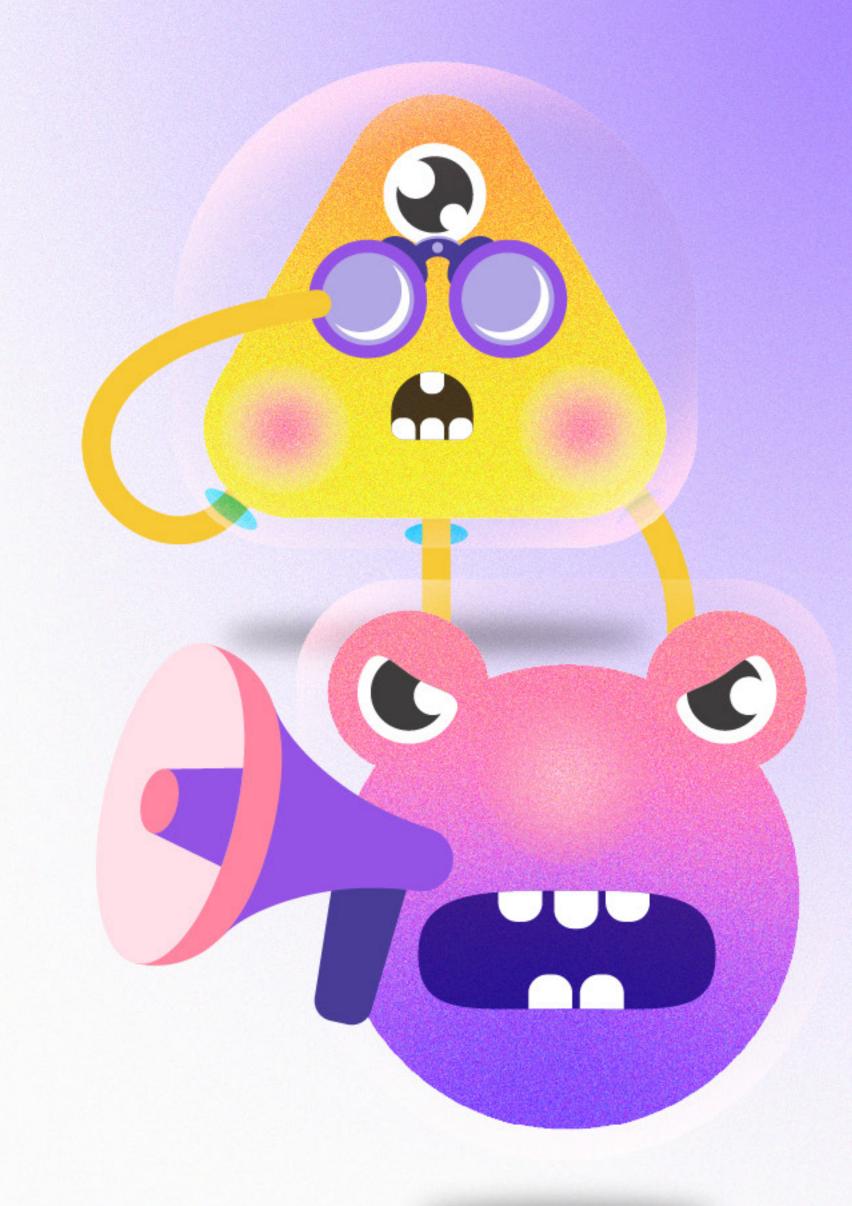
Talk With a Parent or Trusted Adult

- If you're being bullied, or you've seen bullying language online, talk with a parent or trusted adult.
- They will help you process the situation and decide how or if you should respond.



How or If You Might Want To Respond

- A bystander is someone who witnesses bullying.
- An upstander is someone who recognizes when something is wrong and takes action to help make it right.



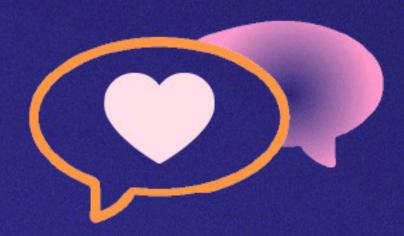
What To Do When You See Bullying Language Online



Don't engage or participate



Stand up for the person who's being cyberbullied



Show support to the person who's being cyberbullied



Talk to a parent or trusted adult

CHALLENGE ACTIVITY

Skate. Park



CHALLENGE ACTIVITY

Skate. Park.

The Claud has descended on the Youville Skatepark. It has created a series of cyberbullying obstacles for the Youbies.

You and the other Youbies have to navigate through the Skatepark. As you encounter cyberbullying, you and your group must choose how you'll respond.



CHALLENGE ACTIVITY

Skate. Park.

SKATE by it if it feels unsafe to confront the bully.

SAVE the evidence and share it later with a trusted adult who can help you.

PARK yourselves and respond by supporting the bullied Youbie, confronting the bully, encouraging others not to engage with the bully, or standing up to the bully as a group.

You can choose more than one response.



WHAT TO DO WHEN SOMEONE USES BULLYING LANGUAGE ONLINE

ACTIVITY SHEET • FTC.GOV/YOUVILLE

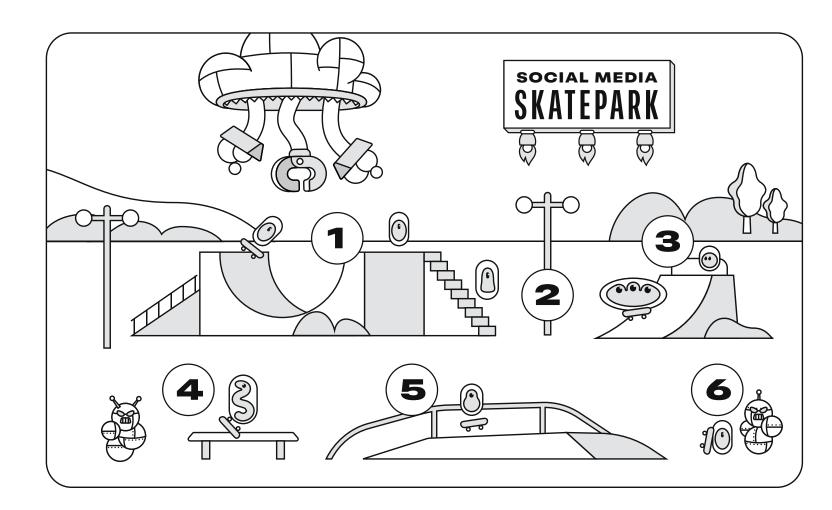
Skate. Park.

The Claud has descended on the Youville Skatepark. It created a series of cyberbullying obstacles for the Youbies.

With your group, navigate through three online cyberbullying situations and choose how to respond:

- **Skate** by it if it feels unsafe to confront the bully.
- **Save** the evidence and share it later with a trusted adult who can help you.
- **Park** yourselves and respond by
- » Supporting the Youbie who's being bullied.
- » Confronting the bully and telling them to stop.
- » Encouraging others to join you and speak up together.
- » Talking to other bystanders and suggesting they don't engage.

You can choose more than one response.



Becoming Upstanders

Let's Practice Parking

How can you shift your response from Skating to Parking to support the bullied person, confront the bully, encourage others not to engage with the bully, or stand up to the bully as a group?

What would you do? How would you say it?



Good Job!

Looks like the Youbies were able to skate through The Claud's obstacles.

The Claud has moved on to another part of Youville.

